What is claimed is:

- A method for inducing movement of an object, the method comprising:
 providing an object comprising a liquid crystal elastomer in contact with a fluid; and
- exposing said object to an energy source, whereby said energy source induces a shape change in said object, resulting in movement of said object.
- 2. The method of claim 1, wherein said liquid crystal elastomer is an organopolysiloxane.
- 3. The method of claim 1, wherein said energy source is one of a radiative or a conductive energy source.
- 4. The method of claim 3, wherein said energy source is an electromagnetic radiation source.
- 5. The method of claim 4, wherein said electromagnetic radiation source is a laser.
- 6. The method of claim 5, wherein said laser is an Ar laser emitting at 524 nm.
- 7. The method of claim 1, wherein said object is positioned on a surface of said fluid.
- 8. The method of claim 1, wherein said fluid is selected from the group consisting of water, ethylene glycol, and mixtures thereof.
- 9. The method of claim 1, wherein said object further comprises an azo dye.
- 10. The method of claim 9, wherein said dye is present in an amount of from 0.01 to 4% by weight of said liquid crystal elastomer.

- 11. The method of claim 1, wherein said liquid crystal elastomer contains pendant mesogenic groups.
- 12. The method of claim 1, wherein said energy source contracts at least a portion of the object due to a change in the orientation of mesogenic phases in the liquid crystal elastomer.
- 13. The method of claim 1, wherein said liquid crystal elastomer comprises a polysiloxane having a main chain with the formula

where n is from 20 to 500, and mesogenic pendant side chains having the formula

$$R^1$$
—0—coo— R^2

where where R¹ is an alkenyl group and R² is selected from the group consisting of alkoxy, cyano, and alkyl groups.

- 14. The method of claim 1, wherein said liquid crystal elastomer has a crosslink density of from 5 to about 25%.
- 15. The method of claim 1, wherein said movement of said object is relative to said energy source.
- 16. The method of claim 1, wherein said liquid crystal elastomer is crosslinked using a compound having the formula

$$H_2C = CH_2 - CH_2 -$$

- 17. An apparatus for producing work, the apparatus comprising a liquid crystal elastomer in contact with a fluid, said liquid crystal elastomer capable of changing shape upon exposure to an energy source.
- 18. The apparatus of claim 17, wherein said liquid crystal elastomer is held in a fixed position.
- 19. The apparatus of claim 17, wherein said liquid crystal elastomer undergoes movement in response to said shape change.
- 20. The apparatus of claim 17, wherein said energy source is an electromagnetic radiation emitter.
- 21. The apparatus of claim 17, wherein the apparatus is a propulsion system for an object in contact with a fluid.
- 22. The apparatus of claim 17, wherein the apparatus is a system for moving a fluid.
- 23. The apparatus of claim 22, wherein the apparatus is a peristaltic pump.
- 24. The apparatus of claim 17, wherein said liquid crystal elastomer is an organopolysiloxane.

- 25. The apparatus of claim 17, wherein said liquid crystal elastomer contains pendent mesogenic groups.
- 26. The apparatus of claim 17, wherein an azo group containing dye is dispersed in said liquid crystal elastomer.
- 27. The apparatus of claim 25, wherein said pendent mesogenic group is a biphenyl group.
- 28. The apparatus of claim 25, wherein said liquid crystal elastomer comprises a polysiloxane having a main chain with the formula

$$-\begin{bmatrix} x \\ -s \end{bmatrix} - o - \int_{n}$$

where n is from 20 to 500, and mesogenic pendant side chains having the formula

$$R^1$$
—o—coo— R^2

where where R¹ is an alkenyl group and R² is selected from the group consisting of alkoxy, cyano, and alkyl groups.

- 29. The apparatus of claim 17, wherein said liquid crystal elastomer is tubular in shape.
- 30. A method for inducing movement of a flexible object in contact with a fluid, the method comprising exposing a flexible object to an energy source, whereby the energy source induces a shape change in the object, resulting in the movement of the object.

31. The method of claim 30, wherein said energy source is a mechanical energy source.